

## SAILING EQUIPMENT LIST

- [DAY PACK](#)
- HIKING POLES (collapsible)
- HEADLAMP (w/extra batteries)
- NALGENE OR CAMELBACK (2 Liters)
- LIGHTWEIGHT TOILET ARTICLES
- SARONG (or similar bathing suit cover-up)
- SUNSCREEN & LIPSCREEN
- SM. FIRST AID KIT (including blister kit & seasick Rx or Relief Band - see notes below)
- EARPLUGS



### SUGGESTED CLOTHING LIST:

- LIGHTWEIGHT WARM JACKET
- RAIN JACKET & PANTS
- FLEECE LAYER
- 2 HIKING SHIRTS (non-cotton)
- 2 LONG SLEEVE HIKING SHIRTS
- LIGHTWEIGHT PANTS
- 2 PR SHORTS
- 4 PR SOCKS
- HIKING SHOES
- SUN HAT (one that will not blow off)
- SUNGLASSES
- FLIP FLOPS (again, no black soles)
- SWIMMING ATIRE
- LONG SLEEVE SHIRT FOR SUN
- BANDANA
- WATER SHOES (optional for snorkelers)
- BOAT SHOES (no black or scuff soles)

### MISC. ITEMS:

- CLOTHES FOR DINNERS OUT
- READING MATERIAL
- DRIVER'S LICENSE
- ROCKING PLAYLIST 🎵🎶

### **NOTES:**

- Prone to Seasickness? The [Relief Bands](#) get rave reviews!
- Soft duffel bags are preferred on the boat due to space limitations. If you can pack in a duffel, great. If you are using a roller bag one, that compresses down in size is preferred. Hard sided luggage is discouraged~we have no storage.
- SHOES: Bring shoes for the boat that will not scuff or plan to go barefoot. Shoes worn on street cannot be worn on deck.
- Dry-bags: Bring a small river bag or ziplock to keep your phone, camera and valuables dry on the boat &/or dingy rides.
- [Electrical adapter](#) for charging of your phones etc.